October 17

Rainbow Family Online Drop-In 10:00 a.m. to 2:00 p.m. Join other LGBTQ2S+ Families from KW and surrounding areas for monthly online drop-in programming geared to ages 0-6. All children and families welcome! On the third Saturday morning of the month. Email KWQueerFamilies@gmail.com to learn how to participate in this online group.

October 20

OK2BME Virtual Youth Group 6:00 to 7:30 p.m. The Initialism (LGBTQ2+): Learning about our communities. https://ok2bme.ca/event/virtual-youth-group-the-initialism-lgbtq2-learning-about-our-communities/

Waterloo-Wellington Perth PFLAG Parents Family and Friends Online Peer-Support Group 7:00 to 9:00 p.m. on the third Tuesday of the month. Join us in a warm, welcoming and safe place for all family and friends of people of the LGBTQ community. To join our online gathering, please send a request to waterloo@pflagcanada.ca

October 21

OK2BME Virtual Youth Group 6:30 to 8:00 p.m. FREE Workshop: Parenting Gender Independent Kids: Part One. https://ok2bme.ca/event/parenting-gender-independent-kids-part-one/

October 22

OK2BME Virtual Youth Group 7:00 to 8:00 p.m. Presentation: Assessing OK2BME's Support Services: A Multi-Service Evaluation Report. https://ok2bme.

ca/event/presentation-assessing-ok2b-mes-support-services-a-multi-service-evaluation-report/

October 27

SPECTRUM Legal Aid Clinic operates on the fourth Tuesday of the month. 5:00 to 8:00 p.m. http://ourspectrum.com/projects/spectrum-legal-aid-clinic/ To make a telephone appointment, contact legal-aid@ourspectrum.com The clinic covers matters of civil law, including those related to financial support (ODSP, OW, EI, CPP and OAS), housing (tenancy problems), transgender ID, and establishing immigration/ refugee status

OK2BME Virtual Youth Group Hallo-qween Party! 6:00 to 7:30 p.m. https://ok2bme.ca/event/virtual-youth-group-hallo-qween-party/

October 28

OK2BME Virtual Youth Group 6:30 to 8:00 p.m. FREE Workshop: Parenting Gender Independent Kids: Part Two. https://ok2bme.ca/event/parenting-gender-independent-kids-part-two/

SPECTRUM *Converse and Connect Online* This group provides an opportunity to connect with others in the LGBTQ community aged 19+ in a safe, positive and supportive environment from 7:00 to 9:00 p.m. on the *fourth Wednesday of each month*. To join our online gathering, please send a request to: virtual@ourspectrum.com



2020 October

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FREE



Rainbow Community Calendar

The **Rainbow Communty Calendar (RCC)** is a monthly publication serving the LGBTQ community of Waterloo Region. It is named in tribute to the *Pink Triangle Community Calendar* created in 1989 by community activist Lisa Simkins. The *RCC* is issued by the **Rainbow Community Calendar Collective**, an action group of SPECTRUM-Waterloo Region's Rainbow Community Space.

Weekly email of upcoming LGBTQ+ events, join the Rainbow e-mail list: https://da.gd/rnbw
Please e-mail calendar editor Lyn McGinnis with corrections or new information by the 20th of each month to: lynmc@rogers.com
please put RAINBOW CALENDAR in the subject line.

SPECTRUM'S Resource Centre and Drop-in Space is CLOSED until further notice.

Website: http://ourspectrum.com/ (with hours of opening and much more)
Facebook: https://www.facebook.com/SpectrumCommunitySpace/
Twitter: @ourspectrum.com Phone: 226-779-9695

SPECTRUM 2.0 Moves Online 2020

All program meetings will move to an online/virtual format

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A Trans-Friendly Waterloo



by Alyssa "Twist" Light

Together with SPECTRUM, Team Twist is creating a directory of trans friendly services in Waterloo Region. We want Waterloo Region to be as safe and friendly as possible for our trans friends, family, and neighbours.

The project will begin with a sur-

vey - we want to know what's important to YOU so we can plan the project accordingly. This is an accelerated project that we will complete by Christmas!

The survey will be sent out in about two weeks. I have created a short one-minute video for you that you can access here: https://vimeo.com/463490655. If you would like to receive information about the survey you can fill out this Google form. https://forms.gle/nVyU8cnU1L-vLiPfb9

NOTE: Only I will see the info and it will be deleted by November 1 to protect your privacy. If you have questions you can reach my team at twist@the-profitableinnovator.com or you can email SPECTRUM directly.

SPECTRUM regrets that we are suspending meetings for the Virtual transgender Non-Binary Peer Support Group temporarily due to low attendance.



October Virtual Events

Starting October 1

Online: QueerKPL - Media Club: But I'm a Cheerleader 6:00 to 7:00 p.m. This virtual program will take place via Zoom. http://kplca.evanced.info/signup/EventDetails?EventId=44937&backTo=-Calendar&startDate=2020/10/01

Rainbow Reels - Queer Genius Screening 7:30 to 9:30 p.m. Join us for a physical distance in person screening of Queer Genius in the Kitchener Farmer's Market. https://www.universe.com/events/queer-genius-screening-queer-antine-edition-tickets-KL3XVC

SPECTRUM Online Transgender General Peer Support Group. 7:00 to 9:00 p.m. on the first and third Thursday and second and fourth Monday of every month. A support environment for all transgender identifying individuals and their allies. Ages 18+ For access email trans@ourspectrum.com

Starting October 2

daySgames. 7:00 to 11:00 p.m. every Friday hosted through SPECTRUM'S Zoom. Join us as we gather online to play virtual board and card games, assemble jigsaw puzzles and fiddle with constructions in an informal atmosphere. (Bring Your Own Puzzle) Please send an email to games@ourspectrum.com to request access.

Starting October 3

2:00 to 5:00 p.m. **every Saturday**. This is a great opportunity to connect with community! To join our online gathering, please send a request to: virtual@ourspectrum.com

October 5

SPECTRUM Virtual Transgender TransMasculine Peer Support Group. 7:00 to 9:00 p.m. Every first and third Monday. A supportive environment for all transmasculine identifying individuals and their allies. Ages 18+ Please send an email to trans@ourspectrum.com to request access details.

Starting October 6

OK2BME Virtual Youth Group 6:00 to 7:30 p.m. Let's Talk about Thanksgiving and Gratitude https://ok2bme.ca/event/virtual-youth-group-lets-talk-about-thanksgiving-and-gratitude/

October 7

The K-W Unity Mosque, an inclusive, gender-equal and LGBTQ+ affirmative mosque, meets every Wednesday evening at 6:00 p.m. Muslim and non-Muslims warmly welcomed. Contact Fran at: franpappertshannon@gmail.com

SPECTRUM *Prime Online*. 7:00 to 9:00 p.m., first and third Wednesdays of the month – *October* 7 and 21. Please join us for a casual discussion and social group for maturing adults. To join our online gathering, please send a request to: wirtual@ourspectrum.com

October 8

Sexual Assault Survivors Online Group 2:00 to 3:30 p.m. An online support group for LGBTQ+ survivors of sexual violence. This group is a partnership between SPECTRUM and SASC. For more information or to join our online gathering, please send a request to: groups@sascwr.org

October 11

Rainbow Multicultural Connect Online 3:00 to 5:00 p.m. An online group where people from diverse cultures gather together to discuss what it is like to be LGBTQ+ across the world. We meet on the second Sunday of the month. To join our online gathering, please contact virtual@ourspectrum. com

October 13

OK2BME Virtual Youth Group 6:00 to 7:30 p.m. Let's Talk About Coming Out https://ok2bme.ca/event/lets-talk-about-coming-out/