A Proud Supporter of Our Community

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SPECTRUM Rainbow Community Calendar

The **Rainbow Communty Calendar (RCC)** is a monthly publication serving the LGBTQ community of Waterloo Region. It is named in tribute to the *Pink Triangle Community Calendar* created in 1989 by community activist Lisa Simkins. The *RCC* is issued by the **Rainbow Community Calendar Collective**, an action group of SPECTRUM-Waterloo Region's Rainbow Community Space. Print copies are available at SPECTRUM, ACCKWA, libraries, community centres, government and social services agencies in Waterloo Region.

Online at: <u>http://ourspectrum.com/rainbow-community-calendar/</u>

Weekly email of upcoming LGBTQ+ events, join the Rainbow e-mail list: https://da.gd/rnbw

Please e-mail calendar editor Lyn McGinnis with corrections or new information by the 20th of each month to: <u>lynmc@rogers.com</u> please put **RAINBOW CALENDAR** in the subject line.

SPECTRUM'S **Resource Centre and Drop-in Space** is in Unit 210 at 283 Duke Street West, Kitchener, N2H 3X7 (corner of Duke Street West and Breithaupt). Park on Breithaupt Street side of the building, near the loading dock. Go in the Duke Street entrance, up the stairs, through the door, down the hallway to Unit 210.

Website: <u>http://ourspectrum.com/</u> (with hours of opening and much more)

Facebook: https://www.facebook.com/SpectrumCommunitySpace/

Twitter: <u>@our_SPECTRUM</u> E-mail: <u>info@ourspectrum.com</u> Phone: 226-779-9695

June Events

2019 tri-Pride Live Music Festival 12:00 to 8:00 p.m. <u>https://tri-pride.ca/event/2019-tri-pride-live-music-festival/</u>

June 1

Guelph Pride 1:00 to 5:00 p.m. <u>https://www.guelphpride.com/guelph-pride-events.html</u>

Yoga in the Park: PRIDE Edition 1:00 to 2:00 p.m. <u>https://tri-pride.ca/event/yoga-in-the-park-pride-edition/</u>

Queer Night Out - Pride Dance 2019! (\$) 9:00 p.m. to 1:00 a.m. https://www.https:// www.eventbrite.ca/e/pride-dance-2019tickets-61113603433

June 1

Sam Fran's Pride Dance Party! (\$) 8:00 p.m. to 2:00 a.m. <u>https://www.eventbrite.ca/e/sam-frans-pride-dance-party-tickets-61247080667</u>

There are No Gays in Chechnya (\$) a drama that looks to give voice to those currently being persecuted <u>https://www.eventbrite.ca/e/there-are-no-gays-in-chechnya-tickets-56120599223</u>

Rainbow Camp Benefit 7:00 p.m. to 1:00 a.m. support a one-week camp for LGBTQ2 and allied youth ages 12 - 17, their siblings and family. For tickets and information contact Terri Kepic at lgbtq@unifor4304.org

June 2

Guelph Pride 10:30 a.m. to 9:00 p.m. https:// www.guelphpride.com/guelph-pride-events.html

tri-Pride March 11:00 to 12:00 p.m. <u>https://</u> tri-pride.ca/event/tri-pride-march/

tri-Pride Picnic 12:00 to 2:00 p.m. <u>https://tri-</u>pride.ca/event/tri-pride-picnic/

Youth Under the Rainbow is a Drop-in for rainbow youth ages 13 through 18 from 1:00 to 4:00 PM at SPECTRUM **every Sunday**. Hang out in a casual, LGBTQ2S-friendly setting. Refreshments provided! <u>http://ourspectrum.com/youth-under-the-rainbow/</u>

To the Moon and Back Rainbow Chorus Waterloo-Wellington Spring Concert at Harcourt United Church, 87 Dean Avenue, Guelph 2:00 to 4:00 p.m. Tickets: www.rainbowchorus.ca

June 3

Guelph Pride 1:30 to 9:00 p.m. https://www. guelphpride.com/guelph-pride-events.html

LGBTQ+ Drop-in for International Students, Refugees and Immigrants at Conestoga College Doon Campus, Rm 2D22 every Monday, from 5:00 to 6:00 p.m. Food, games, and bus tickets provided. For more info text or call 226-338-5695 or promise@carizon.ca.

June 4

SPECTRUM *Tuesday Drop-In* This social drop-in event *every Tuesday* afternoon is a great opportunity to meet other people, and to make new friends! Feel free to drop in at any time on Tuesday between 12:00 to 4:00 p.m.

OK2BME Healthy Relationships 12 to 14 https://ok2bme.ca/event/ok2bme-youthgroup-ages-12-14-healthy-relationships/

OK2BME KPL Movie Night ages 15 to 18. https://ok2bme.ca/event/ok2bme-youthgroup-ages-15-18-kpl-movie-night/

June 5

Guelph Pride 6:00 to 8:00 p.m. https://www. guelphpride.com/guelph-pride-events.html

SPECTRUM *Prime* 7:00 to 9:00 p.m., first and third Wednesdays of the month – *June 5* and **19** at SPECTRUM. Please join us for a casual ådiscussion and social group for maturing adults.

June 6

SPECTRUM *Thursday Drop-In* This social drop-in event *every Thursday* afternoon is a great opportunity to meet other people, and to make new friends! Feel free to drop in at any time on Thursday between 12:00 to 4:00 p.m.

Guelph Pride 1:30 to 7:00 p.m. <u>https://www.</u> guelphpride.com/guelph-pride-events.html

SPECTRUM *Transgender Peer Support Group*. 7:00 to 9:00 p.m. on Thursday *June* 6 and 20. Monday *June* 10 and 24. A safe environment for anyone identifying in the trans/gender variant umbrella at SPECTRUM.

Starting June 7

day5games. 7:00 to 11:00 p.m. **every Friday** at SPECTRUM. Join us as we gather at our space to play board and card games, assemble jigsaw puzzles and fiddle with constructions in an informal atmosphere.

June 8

SPECTRUM Saturday Drop-In 2:00 to 5:00 p.m. **every Saturday** (with the exception of June 1 tri-Pride). Hang out with us in a casual, atmosphere where you can be yourself in an LGBTQ-friendly setting. We have refreshments.

June 10

KW Counselling/OK2BME - Becoming an LGBTQ2+ Inclusive Agency: Bill C-16 (\$) 9:00 a.m. to 12:00 p.m. Room 217, KW Counselling Services, 480 Charles St East Kitchener <u>https://www.eventbrite.</u> *ca/e/becoming-an-lgbtq2-inclusiveagency-bill-c-16-tickets-56650921431*

June 11

OK2BME Cambridge Potluck and Self Care 13 to 18. <u>https://ok2bme.ca/event/</u> cambridge-ok2bme-youth-group-ages-13-18-potluck-and-self-care/

June 12

Queerly Christian 7:30 p.m. to 9:00 p.m. at the Erb Street Mennonite Church, 131 Erb Street West, Waterloo **June 12** and **26**. This is a group of people who identify as LGBTQ+ and Christian. <u>https://pastors-inexile.org/2017/03/03/queerly-christian/</u>

June 13

KPL: Queer in KW Panel and Variety Show https://www.eventbrite.com/e/ gueer-in-kw-tickets-61870147276

Rainbow Multicultural Connect 7:00 to 9:00 p.m. at SPECTRUM. A group where people from diverse cultures gather together at SPECTRUM to discuss what it is like to be LGBTQ+ across the world. We meet on the second Thursday of the month.

June 16

SPECTRUM Seven Shores Urban Market and Café Meeting Room from 2:00 to 4:00 p.m. For more information see: https://www.facebook.com/ events/318352995772403/

June 18

OK2BME Health and Wellness 15 to 18. https://ok2bme.ca/event/ok2bmeyouth-group-ages-15-18-health-and-wellness/

OK2BME Youth Group Campfire and Potluck 12 to 14. <u>https://ok2bme.ca/</u> <u>event/ok2bme-youth-group-ages-12-</u> 14-campfire-and-potluck/

Waterloo - Wellington - Perth PFLAG, Parents Family and Friends Peer-Support Group 7:00 to 9:00 p.m. at Multipurpose Room A in the Downtown Community Centre, 35-B Weber Street West, Kitchener. https://www.facebook.com/PFLAG.WWP

June 19

Comic Sans at Patent Social, 17 Erb Street East, Waterloo from 8:00 to 10:00 p.m. on the third Wednesday of every month at Patent Social. <u>https://www.eventbrite.</u> <u>ca/e/comic-sans-tickets-58681429736</u>

June 20

Plan B Co-operative KW's monthly drop-in 5:00 p.m. to 8:00 p.m. at Treehaus (79 Joseph St, Kitchener). Third Thursday of each month Plan B holds a drop-in space for LGBTQ+ community members.

We invite you to the **Seniors' Community Lunch** at Wesley United Cambridge (6 Cambridge Street) on the third Thursday of every month. Cost \$10. Please call 519-621-6060 so we know how many lunches to prepare. Meet and Greet for Rainbow Seniors in the Chapel, hosted by Rev. Roy Holton and Laura Wilson immediately following the lunch from 1:00 - 2:00 p.m.

June 23

Trans Fams Event. 4:00 p.m. Are you interested in meeting other families with Trans and Gender Independent Kids? Want to join our family and others for some fun activies? Contact Holly for more info at: <u>hbmathers@gmail.com</u>

June 25

OK2BME Cambridge Pride Stories 13 to 18. <u>https://ok2bme.ca/event/cambridge-ok2bme-youth-group-ages-13-18-pride-stories/</u>

June 26

Sexual Health Awareness Drop in 5:30 to 7:00 p.m. on the fourth Thursday of the month. Sponsored by ACCKWA at SPECTRUM, 283 Duke Street West, Unit 210.

SPECTRUM **Converse and Connect** Whether you're thinking about coming out, newly out, or out for ages, this group provides an opportunity to talk, share and connect with others in the LGBTQ community aged 19+ in a safe, positive and supportive environment. This group meets from 7:00 to 9:00 p.m. on the fourth Wednesday of each month in the SPECTRUM Community Space. For details: http://ourspectrum. com/converse-and-connect/

June 28

K-W El-Tawhid Juma Circle Unity Mosque, this is a progressive Muslim social and prayer group which is gender equal and LGBTQ affirmative. Join us from 2:00 – 4:30 p.m. For more information: Fran at <u>franps@golden.net</u>.