

A PROUD SUPPORTER OF OUR COMMUNITY



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FREE



Rainbow Community Calendar

The **Rainbow Community Calendar (RCC)** is a monthly publication serving the LGBTQ community of Waterloo Region. It is named in tribute to the **Pink Triangle Community Calendar** created in 1989 by community activist Lisa Simkins. The **RCC** is issued by the **Rainbow Community Calendar Collective**, an action group of **SPECTRUM-Waterloo Region's Rainbow Community Space**. Print copies are available at SPECTRUM, ACCKWA, libraries, community centres, government and social services agencies in Waterloo Region.

Online at: <http://ourspectrum.com/rainbow-community-calendar/>

Weekly email of upcoming LGBTQ+ events, join the Rainbow e-mail list: <https://da.gd/rnbw>

Please e-mail calendar editor Lyn McGinnis with corrections or new information by the 20th of each month to: lynmc@rogers.com please put **RAINBOW CALENDAR in the subject line.**

SPECTRUM's **Resource Centre and Drop-in Space** is in Unit 210 at 283 Duke Street West, Kitchener, N2H 3X7 (corner of Duke Street West and Breithaupt). Park on Breithaupt Street side of the building, near the loading dock. Go in the Duke Street entrance, up the stairs, through the door, down the hallway to Unit 210.

Website: <http://ourspectrum.com/> (with hours of opening and much more)

Facebook: <https://www.facebook.com/SpectrumCommunitySpace/>

Twitter: @our_SPECTRUM **E-mail:** info@ourspectrum.com **Phone:** 226-779-9695

December Events

Starting December 1

SPECTRUM Saturday Drop-In 2:00 to 5:00 p.m. Saturdays, **December 1, 8, 15, 22, 29**. Come and hang out with us in a casual, relaxing atmosphere where you can just be yourself in an LGBTQ-friendly setting. We have refreshments.

Starting December 4

OK2BME Youth Group For ages 12 to 14 'Ask a Social Worker.' Ages 15 - 18 'Craft Queers Collage Night.' Visit www.ok2bme.ca for details as they become available.

Starting December 5

SPECTRUM Prime. 7:00 to 9:00 p.m., first and third Wednesdays of the month - **December 5** and **19** at SPECTRUM. We see things differently as we age. Priorities shift. Social circles change. How can we deal with these challenges? As maturing members of the LGBTQ community, we gather together to create a welcoming environment where we can reduce isolation and expand our network of friends. Please join us for a casual discussion and social group for maturing adults.

Starting December 6

SPECTRUM Transgender Peer Support Group. 7:00 to 9:00 p.m. on Thursday **December 6** and **20** and Monday **December 10**. A safe and normalizing environment for anyone identifying in the trans/gender variant umbrella at SPECTRUM.

Starting December 7

KW El-Tawhid Circle, a progressive Muslim social and prayer group which is gender equal and LGBTQ affirmative. Every second Friday afternoon from 2:00 – 4:30 p.m. **December 7** and **21**. More information: Fran at franps@golden.net.

day5games. 7:00 to 11:00 p.m. **December 7, 14, 21, 28** at SPECTRUM. Join us as we gather at our space to play board and card games, assemble jigsaw puzzles and fiddle with constructions in an informal atmosphere.

December 9

Trans Fams Event. 4:00 p.m., **December 9**. Are you interested in meeting other families with Trans and Gender Independent Kids? Want to join our family and others for some fun activities? Contact Holly for more info at: hbmathers@gmail.com

December 11

OK2BME Youth Group in Cambridge For ages 13 - 18 Holigay! Visit www.ok2bme.ca for details as they become available.

LGBTQ+ Welcoming Spaces and Practices: A Conversation with Purpose Free workshop for managers, service providers, and community members. Learn how leading organizations created more inclusive workplaces and service experiences for all gender and sexual identities and expressions. Join us 8:30 a.m. to 12:30 p.m. at Cambridge City Hall. For more information, visit lgbtq-welcoming-spaces-and-practices.eventbrite.ca

December 12

Aging with Pride Committee Meeting If you are interested in helping us im-

prove life for older LGBTQ-identified people, please attend this monthly Committee meeting at SPECTRUM 6:30 to 8:30 p.m. <http://ourspectrum.com/projects/aging-with-pride/>

Queerly Christian 7:30 p.m. to 9:00 p.m. at the Erb Street Mennonite Church, 131 Erb Street West, Waterloo **December 12** and **26**. This is a group of people who identify as LGBTQ+ and Christian. Allies are welcome, but please recognize that this is intended as a space for LGBTQ+ Christians to share their lived experience. <https://pastorsinexile.org/2017/03/03/queerly-christian/>

Starting December 13

Rainbow Multicultural Connect 7:00 to 9:00 p.m. at SPECTRUM. A group where people from diverse cultures gather together at SPECTRUM to discuss what it is like to be LGBTQ+ across the world. We meet on the second Thursday of the month.

December 16

SPECTRUM Outing to the Symposium Café from 3:00 to 5:00 p.m. on the third Sunday of the month join us at the Symposium Cafe Restaurant and Lounge, at **a new, accessible location**, 668 Erb Street West on the Boardwalk in Waterloo, 519-749-4616. For more information see: <https://www.facebook.com/groups/%20SPECTRUMOutings/>

December 18

OK2BME Holigay Party! For ages 12 to 18. Visit www.ok2bme.ca for details as they become available.

Waterloo - Wellington - Perth PFLAG, Parents Family and Friends Peer-Support Group 7:00 to 9:00 p.m. on the third Tuesday of the month. Join us in a warm, welcoming and safe place for all family and friends of people of the LGBTQ community at Pre-School Room, Downtown Community Centre, 35-B Weber Street West, Kitchener. <https://www.facebook.com/PFLAG.WWW>

December 20

We invite you to the **Seniors' Community Lunch** at Wesley United Cambridge (6 Cambridge Street) on the third Thursday of every month. Cost \$10. Please call 519-621-6060 so we know how many lunches to prepare. Meet and Greet for Rainbow Seniors LBGTQ+(55yrs) in the Chapel, hosted by Rev. Roy Holton and Laura Wilson immediately following the lunch from 1:00 - 2:00 p.m.

Plan B Co-operative KW's monthly drop-in hours **Thursday, December 20, at 5:00 p.m. to 8:00 p.m.** at Treehaus (79 Joseph St, Kitchener). Third Thursday of each month Plan B holds a drop-in space for LGBTQ+ community members to meet and mingle, learn about our programming and events, and just hang out!

December 25

A Celebration of Chosen Family Tuesday, December 25, 12:00 p.m. to 10:00 p.m. at SPECTRUM. Many people in the local LGBTQ2S+ community are not

able to be with their relatives in the time around December 25 (Tuesday) for a variety of reasons. One option is to spend that time with "chosen family" – those we have gathered around us who care about what is happening in our lives. Join us at SPECTRUM for a community gathering with music, good company and plenty of food on December 25, 2018. We are planning to be open from Noon to 10:00 PM, as we were last year, regardless of the weather. <https://www.facebook.com/events/2025220934225402/>

December 26

SPECTRUM Converse and Connect Whether you're thinking about coming out, newly out, or out for ages, this group provides an opportunity to talk, share and connect with others in the LGBTQ community aged 19+ in a safe, positive and supportive environment. Beginning **December 26**, this group meets from 7:00 to 9:00 p.m. on the fourth Wednesday of each month in the SPECTRUM Community Space. For details: <http://ourspectrum.com/converse-and-connect/>

Help support SPECTRUM by donating!

At SPECTRUM, we provide a refuge for the rainbow community in Waterloo Region. For six years, LGBTQ2S+ people have turned to SPECTRUM as a safe space that builds community and fosters belonging. We are the only charitable group in Waterloo Region whose work centres on the well-being of LGBTQ2S+ individuals. Every week of the year, a questioning teen, a gay senior citizen, a transgender immigrant, just to name a few, have a safe and supportive home. As the Region grows, so does the need for our work. SPECTRUM needs more room and more resources to support the rainbow community. Private contributions make up 50 per cent of our income. Your gift will help us continue the work we do for our community.

<http://ourspectrum.com/fundraising-campaign-2018/>
More about what SPECTRUM does: We work with local agencies to ensure that there is housing where we can live free from bullying and harassment. We provide programs for older LGBTQ adults, transgender people, youth and the multicultural LGBTQ community. We have drop-in hours to reduce isolation, a recreational gaming group, a support/discussion group for everyone, a monthly restaurant outing, and other social activities. Our webpage provides a community portal to local resources and events. We also work with local agencies to ensure that LGBTQ2S+ individuals will be assisted by them in an equitable manner.