



Rainbow Community Calendar

The **Rainbow Community Calendar (RCC)** is a monthly publication serving the LGBTQ community of Waterloo Region. It is named in tribute to the **Pink Triangle Community Calendar** created in 1989 by community activist Lisa Simkins. The **RCC** is issued by the **Rainbow Community Calendar Collective**, an action group of SPECTRUM-Waterloo Region's **Rainbow Community Space**. Print copies are available at SPECTRUM, ACCKWA, libraries, community centres, government and social services agencies in Waterloo Region.

Online at: <http://ourspectrum.com/rainbow-community-calendar/>

Weekly email of upcoming LGBTQ+ events, join the Rainbow e-mail list: <https://da.gd/rnbw>

Please e-mail calendar editor Lyn McGinnis with corrections or new information by the 20th of each month to: lynmc@rogers.com please put **RAINBOW CALENDAR in the subject line.**

SPECTRUM's **Resource Centre and Drop-in Space** is in Unit 210 at 283 Duke Street West, Kitchener, N2H 3X7 (corner of Duke Street West and Breithaupt). Park on Breithaupt Street side of the building, near the loading dock. Go in the Duke Street entrance, up the stairs, through the door, down the hallway to Unit 210.

Website: <http://ourspectrum.com/> (with hours of opening and much more)

Facebook: <https://www.facebook.com/SpectrumCommunitySpace/>

Twitter: [@our_SPECTRUM](https://twitter.com/our_SPECTRUM) **E-mail:** info@ourspectrum.com **Phone:** 226-779-9695

October Events

October 2

SPECTRUM Annual General Meeting in the Seniors' Day Program Room, First Floor of the Downtown Community Centre, 35-B Weber Street West, Kitchener, 7:00 to 9:00 p.m. For more information: <http://ourspectrum.com/agm2018/>

OK2BME Youth Group in Cambridge

For ages 12 to 18. Visit www.ok2bme.ca for details as they become available.

Starting October 3

SPECTRUM Prime. 7:00 to 9:00 p.m., first and third Wednesdays of the month – **October 3** and **17** at SPECTRUM. We see things differently as we age. Priorities shift. Social circles change. How can we deal with these challenges? As maturing members of the LGBTQ community, we gather together to create a welcoming environment where we can reduce isolation and expand our network of friends. Please join us for a casual discussion and social group for maturing adults.

Starting October 4

SPECTRUM Transgender Peer Support Group. 7:00 to 9:00 p.m. on Thursday **October 4, 18** and Monday **October 8, 22**. A safe and normalizing environment for anyone identifying in the trans/gender variant umbrella at SPECTRUM.

Starting October 5

day5games. 7:00 to 11:00 p.m. **October 5, 12, 19, 26** at SPECTRUM. Join us as we gather at our space to play board and card games, assemble jigsaw puzzles and fiddle with constructions in an informal atmosphere.

Starting October 6

SPECTRUM Saturday Drop-In 2:00 to 5:00 p.m. Saturdays, **October 6, 13, 20, 27**. Come and hang out with us in a casual, relaxing atmosphere where you can just be yourself in an LGBTQ-friendly setting. We have refreshments.

October 9

OK2BME Youth Group Swimming at Forest Heights For ages 12 to 18. <https://ok2bme.ca/event/youth-group-swimming-forest-heights-age-12-18/>

October 10

Aging with Pride Committee Meeting If you are interested in helping us improve life for older LGBTQ-identified people, please attend this monthly Committee meeting at SPECTRUM 6:30 to 8:30 p.m. <http://ourspectrum.com/projects/aging-with-pride/>

Queerly Christian 7:30 p.m. to 9:00 p.m. at the Erb Street Mennonite Church, 131 Erb Street West, Waterloo **October 10** and **24**. This is a group of people who identify as LGBTQ+ and Christian. Allies are welcome, but please recognize that this is intended as a space for LGBTQ+ Christians to share their lived experience. <https://pastorsinexile.org/2017/03/03/queerly-christian/>

October 11

Rainbow Multicultural Connect 7:00 to 9:00 p.m. at SPECTRUM. A group where people from diverse cultures gather together at SPECTRUM to discuss what it is like to be LGBTQ+ across the world. We meet on the second Thursday of the month.

Starting October 12

KW El-Tawhid Circle, a progressive Muslim social and prayer group which is gender equal and LGBTQ affirmative. Every second Friday afternoon from 2:00 – 4:30 p.m. **October 12** and **26**. More information: Fran at franps@golden.net.

The Eighteenth Annual Rainbow Reels Queer and Trans Film Festival Friday, October 12, 7:00 p.m. to 9:00 p.m. Princess Twin Cinemas, 46 King Street North, Waterloo. Opening Film and Gala, Princess Twin Cinema, Waterloo <http://rainbowreels.org/>. Festival runs from Friday, October 12 to Sunday, October 21.

October 16

OK2BME Youth Group Public Education Public Education: Supporting LGBTQ+ Seniors. <https://ok2bme.ca/event/key-mental-health-considerations-lgbtq-seniors/>

Waterloo - Wellington - Perth PFLAG, Parents Family and Friends Peer Support Group 7:00 to 9:00 p.m. on the third Tuesday of the month. **October 16**. Join us in a warm, welcoming and safe place for all family and friends of people of the LGBTQ community at Pre-School Room, Downtown Community Centre, 35-B Weber Street West, Kitchener. <https://www.facebook.com/PFLAG.WWP>

October 18

We invite you to the **Seniors' Community Lunch** at Wesley United Cambridge (6 Cambridge Street) on the third Thursday of every month. Cost

\$10. Please call 519-621-6060 so we know how many lunches to prepare. Meet and Greet for Rainbow Seniors LGBTQ+(55yrs) in the Chapel, hosted by Rev. Roy Holton and Laura Wilson immediately following the lunch from 1:00 - 2:00 p.m.

Plan B Co-operative KW's monthly drop-in hours **Thursday, October 18, at 5:00 p.m. to 8:00 p.m.** at Treehaus (79 Joseph St, Kitchener). Third Thursday of each month Plan B holds a drop-in space for LGBTQ+ community members to meet and mingle, learn about our programming and events, and just hang out!

October 21

SPECTRUM Outing to the Symposium Cafe from 3:00 to 5:00 p.m. on the third Sunday of the month join us at the Symposium Cafe Restaurant and Lounge, at **a new location**, 668 Erb Street West on the Boardwalk in Waterloo, 519-749-4616. For more information see: <https://www.facebook.com/groups/%20SPECTRUMOutings/>

October 23

OK2BME Youth Group How to Support a Friend For ages 12 to 18. <https://ok2bme.ca/event/youth-group-support-friend-age-12-18/>

October 24

SPECTRUM Converse and Connect Whether you're thinking about coming out, newly out, or out for ages, this

group provides an opportunity to talk, share and connect with others in the LGBTQ community aged 19+ in a safe, positive and supportive environment. Beginning **October 24**, this group meets from 7:00 to 9:00 p.m. on the fourth Wednesday of each month in the SPECTRUM Community Space.

For details: <http://ourspectrum.com/converse-and-connect/>

October 25

Sexual Health Awareness Drop in 5:30 to 7:00 p.m. on the fourth Thursday of the month. **October 25**. Sponsored by ACCKWA at SPECTRUM, 283 Duke Street West, Unit 210.

SPECTRUM Reading Circle 7:00 to 8:30 p.m. on the fourth Thursday of the month. **October 25**. In our Reading Circle we read short stories and articles aloud on the spot; no prior reading is required. Then we reflect on what we have read. Join us for this exploration of LGBTQ literature and what it means to us personally at SPECTRUM.

October 30

Good Laughs. 7:00 p.m. until closing, last Tuesday of the month: **October 30**. A safe space for trans people to explore their identity in the community; open to allies as well at Symposium Café, Waterloo (corner of King and Erb) - back room. goodlaughs81@gmail.com <https://www.facebook.com/goodlaughs81/?fref=ts>

SPECTRUM 2018 Annual General Meeting

Tuesday, October 2, 2018 starting at 7:00 p.m. at the Seniors' Day Program Room, Downtown Community Centre, 35-B Weber Street West, Kitchener. SPECTRUM has been granted charitable status, we are thus in an excellent position to support our community in these difficult times by expanding our programs and services. In order to do

this, SPECTRUM needs additional passionate, committed volunteers and more Board members with vision and experience to guide our work. Please show that you value SPECTRUM'S work by joining us at our Annual General Meeting. For ore Information at <http://ourspectrum.com/agm2018/>

A PROUD SUPPORTER OF OUR COMMUNITY



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