

A PROUD SUPPORTER OF OUR COMMUNITY



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Rainbow Community Calendar

The **Rainbow Community Calendar (RCC)** is a monthly publication serving the LGBTQ community of Waterloo Region. It is named in tribute to the **Pink Triangle Community Calendar** created in 1989 by community activist Lisa Simkins. The **RCC** is issued by the **Rainbow Community Calendar Collective**, an action group of **SPECTRUM-Waterloo Region's Rainbow Community Space**. Print copies are available at **SPECTRUM**, **ACCKWA**, libraries, community centres, government and social services agencies in Waterloo Region.

Online at: <http://ourspectrum.com/rainbow-community-calendar/>

Weekly email of upcoming LGBTQ+ events, join the Rainbow e-mail list: <https://da.gd/rnbw>

Please e-mail calendar editor Lyn McGinnis with corrections or new information by the 20th of each month to: lynmc@rogers.com

please put **RAINBOW CALENDAR in the subject line.**

SPECTRUM's Resource Centre and Drop-in Space is in Unit 210 at 283 Duke Street West, Kitchener, N2H 3X7 (corner of Duke Street West and Breithaupt). Park on Breithaupt Street side of the building, near the loading dock. Go in the Duke Street entrance, up the stairs, through the door, down the hallway to Unit 210.

Website: <http://ourspectrum.com/> (with hours of opening and much more)

Facebook: <https://www.facebook.com/SpectrumCommunitySpace/>

Twitter: [@our_SPECTRUM](https://twitter.com/our_SPECTRUM) **E-mail:** info@ourspectrum.com **Phone:** 226-779-9695

August Events

Starting August 1

SPECTRUM Prime. 7:00 to 9:00 p.m., first and third Wednesdays of the month – **August 1** and **15** at **SPECTRUM**. We see things differently as we age. Priorities shift. Social circles change. How can we deal with these challenges? As maturing members of the LGBTQ community, we gather together to create a welcoming environment where we can reduce isolation and expand our network of friends. Please join us for a casual discussion and social group for maturing adults.

Starting August 2

SPECTRUM Transgender Peer Support Group. 7:00 to 9:00 p.m. on Thursday **August 2, 16** and Monday **August 13, 27**. A safe and normalizing environment for anyone identifying in the trans/gender variant umbrella at **SPECTRUM**.

Starting August 3

KW El-Tawhid Circle, a progressive Muslim social and prayer group which is gender equal and LGBTQ affirmative. Every second Friday afternoon from 2:00 – 4:30 p.m. **August 3, 17, 31**. More information: Fran at franps@golden.net.

Starting August 3

day5games. 7:00 to 11:00 p.m. **August 3, 10, 17, 24, 31** at SPECTRUM. Join us as we gather at our space to play board and card games, assemble jigsaw puzzles and fiddle with constructions in an informal atmosphere.

Starting August 4

SPECTRUM Saturday Drop-In 2:00 to 5:00 p.m. Saturdays, **August 4, 11, 18, 25.** Come and hang out with us in a casual, relaxing atmosphere where you can just be yourself in an LGBTQ-friendly setting. We have refreshments.

August 5

Queer-B-Q This is a LGBTQ2IA+ friendly informal gathering in a private backyard. Allies and kids welcome. Private Backyard, Clair Hills, Waterloo - address will be emailed. <https://www.eventbrite.ca/e/queer-b-q-tickets-48189277426>

Starting August 7

Queercraft - a Queer Crafting Group. 6:00 to 8:00 p.m., Tuesdays: **August 7, 14, 21, 28.** Bring your portable craft to SPECTRUM!

August 8

Aging with Pride Committee Meeting If you are interested in helping us improve life for older LGBTQ-identified people, please attend this monthly Committee meeting at SPECTRUM 6:30 to 8:30 p.m. <http://ourspectrum.com/projects/aging-with-pride/>

Queerly Christian 7:30 p.m. to 9:00 p.m. at the Erb Street Mennonite Church, 131 Erb Street West, Waterloo **August 8** and **22.** This is a group of people who identify as LGBTQ+ and Christian. Allies are welcome, but please recognize that this is intended as a space for LGBTQ+ Christians to share their lived experience. <https://pastorsinexile.org/2017/03/03/queerly-christian/>

August 9

Rainbow Multicultural Connect 7:00 to 9:00 p.m. at SPECTRUM. A group where people from diverse cultures gather together at SPECTRUM to discuss what it is like to be LGBTQ+ across the world. We meet on the second Thursday of the month.

August 14

OK2BME Youth Group Rainbow Yoga Ages 12 to 14. At KW Counselling, 480 Charles Street East, Kitchener from 6:00 p.m. to 7:30 p.m. For more information: <https://ok2bme.ca/events/>

August 16

We invite you to the **Seniors' Community Lunch** at Wesley United Cambridge (6 Cambridge Street) on the third Thursday of every month. Cost \$10. Please call 519-621-6060 so we know how many lunches to prepare. Meet and Greet for Rainbow Seniors LBGTQ+(55yrs) in the Chapel, hosted by Rev. Roy Holton and Laura Wilson immediately following the lunch from 1:00 - 2:00 p.m.

Plan B Co-operative KW's monthly drop-in hours **Thursday, August 16, at 5:00 p.m. to 8:00 p.m.** at Treehaus (79 Joseph St, Kitchener). Third Thursday of each month Plan B holds a drop-in space for LGBTQ+ community members to meet and mingle, learn about our programming and events, and just hang out!

August 18

Women 2 Womyn Social Network - 9 Holes of Golf! Let's get out those golf clubs, and have a friendly W2W 9 hole golf tournament. If interested, please join the Facebook group and confirm you are going with the organizer. Money for the event must be sent ahead of time via e-Transfer. For more information, please find Women2Womyn Social Network on Meet-up and Facebook.

August 19

SPECTRUM Outing to the Symposium Cafe from 2:00 to 4:00 p.m. on the third Sunday of the month join us at the Symposium Cafe Restaurant and Lounge, 4 King Street North, Waterloo. For more information see: <https://www.facebook.com/groups/SPECTRUMOutings/>

August 21

Waterloo - Wellington - Perth PFLAG, Parents Family and Friends Peer-Support Group 7:00 to 9:00 p.m. on the third Tuesday of the month. **August 21.** Join us in a warm, welcoming and safe place for all family and friends of people of the LGBTQ community at Pre-School Room, Downtown Community Centre, 35-B Weber Street West, Kitchener. <https://www.facebook.com/PFLAG.WWP>

August 23

Sexual Health Awareness Drop in 5:30 to 7:00 p.m. on the fourth Thursday of the month. **August 23.** Sponsored by ACKWA at SPECTRUM, 283 Duke Street West, Unit 210.

A Spare Room; a World of Difference

by Rachel Ill, Homes Host Co-ordinator

oneROOF Youth Services is excited for our new Host Homes Program! We are looking for LGBTQ2S+ positive spaces for youth who are experiencing, or are at risk of homelessness. The new pilot project aims to prevent shelter stay by collaborating with local households or "Host Home Providers" as a means of arranging temporary, well-supported room and board situations for youth ages 16-25. The Canadian Observatory on Homelessness (2017) based out of Toronto, estimates that over 20-40 per cent of youth experiencing homelessness identify as LGBTQ2S+, taking into account that many may not feel comfortable disclosing. When a young person loses their home, the thing they need the

August 23

SPECTRUM Reading Circle 7:00 to 8:30 p.m. on the fourth Thursday of the month. **August 23.** In our Reading Circle we read short stories and articles aloud on the spot; no prior reading is required. Then we reflect on what we have read. Join us for this exploration of LGBTQ literature and what it means to us personally at SPECTRUM.

August 28

Good Laughs. 7:00 p.m. until closing, last Tuesday of the month: **August 28.** A safe space for trans people to explore their identity in the community; open to allies as well at Symposium Café, Waterloo (corner of King and Erb) - back room. goodlaughs81@gmail.com <https://www.facebook.com/goodlaughs81/?fref=ts>

OK2BME Youth Group At KW Counselling, 480 Charles Street East, Kitchener from 6:00 p.m. to 7:30 p.m. For more information: <https://ok2bme.ca/events/>