



Rainbow Community Calendar

The **Rainbow Community Calendar (RCC)** is a monthly publication serving the LGBTQ community of Waterloo Region. It is named in tribute to the **Pink Triangle Community Calendar** created in 1989 by community activist Lisa Simkins. The **RCC** is issued by the **Rainbow Community Calendar Collective**, an action group of **SPECTRUM-Waterloo Region's Rainbow Community Space**. Print copies are available at SPECTRUM, ACKWA, libraries, community centres, government and social services agencies in Waterloo Region.

Online at: <http://ourspectrum.com/rainbow-community-calendar/>

Please e-mail calendar editor Lyn McGinnis with corrections or new information by the 20th of each month to: lynmc@rogers.com please put **RAINBOW CALENDAR in the subject line.**

SPECTRUM's **Resource Centre and Drop-in Space** is in Unit 210 at 283 Duke Street West, Kitchener, N2H 3X7 (corner of Duke Street West and Breithaupt). Park on Breithaupt Street side of the building, near the loading dock. Go in the Duke Street entrance, up the stairs, through the door, down the hallway to Unit 210.

Website: <http://ourspectrum.com/> **NEW!** (with hours of opening and much more)

Facebook: <https://www.facebook.com/SpectrumCommunitySpace/>

Twitter: [@our_SPECTRUM](https://twitter.com/our_SPECTRUM) **E-mail:** info@ourspectrum.com **Phone:** 226-779-9695

February Events

Starting February 1

SPECTRUM Transgender Peer Support Group. 7:00 to 9:00 p.m. on the first and third Thursday of the month, **February 1** and **15**. And on the second and fourth Monday of each month, **February 12** and **26**. A safe and normalizing environment for anyone identifying in the trans/gender variant umbrella at SPECTRUM.

February 2

KW El-Tawhid Circle, a progressive Muslim social and prayer group which is gender equal and LGBTQ affirma-

ive. Every second Friday afternoon from 2:00 – 4:30 p.m. **February 2** and **16**. More information: Fran at franps@golden.net.

day5games. 7:00 to 11:00 p.m. **February 2, 9, 16, 23** at SPECTRUM. Join us as we gather at our space to play board and card games, assemble jigsaw puzzles and fiddle with constructions in an informal atmosphere.

Starting February 3

SPECTRUM Saturday Drop-In 2:00 to 5:00 p.m. Saturdays, **February 3, 10, 17, 24**. Come and hang out with

us in a casual, relaxing atmosphere where you can just be yourself in an LGBTQ-friendly setting. We have refreshments. Everyone is welcome!

Starting February 5

Rainbow bereavement support group **Monday, February 5** and **26** 1:30-3:30 PM. All LGBTQ caregivers, spouses, friends suffering loss. 298 Lawrence Ave. Kitchener. Call 519-743-4114 ext. 117. barb@hospicewaterloo.ca

Queercraft - a Queer Crafting Group.

6:00 to 8:00 p.m., Tuesdays: **February 6, 13, 20, 27**. Bring your portable craft to SPECTRUM!

Starting February 7

Take the Leap: GSA Conference 2018 (grades 7-12). Our eighth annual GSA. Please connect with Washington Silk wsilk@kwcounselling.com if you have questions about this event: <http://ok2bme.ca/event/take-leap-gsa-conference-2018/>

SPECTRUM Prime. 7-9 PM, first and third Wednesdays of the month – **February 7** and **21** at SPECTRUM. We see things differently as we age. Priorities shift. Social circles change. How can we deal with these challenges? As maturing members of the LGBTQ community, we gather together to create a welcoming environment where we can reduce isolation and expand our network of friends. Please join us for a casual discussion and social group for maturing adults. <http://ourspectrum.com/older-adults-group/>

February 8

Rainbow Multicultural Connect 7:00 to 9:00 p.m. at SPECTRUM. A group where people from diverse cultures gather together at SPECTRUM to discuss what it is like to be LGBTQ+ across the world. We meet on the second Thursdays of the month.

February 13

OK2BME My Gay Valentine A drop in night at KW Counselling Services to have fun, hang out, and make valentines together! Supplies and sweets will be provided. Tonight's group is an open house for ages 12-18. If you have any questions you can e-mail us at OK2BME@kw-counselling.com or call Mandi Cowan at 519.884.0000 x280. <http://ok2bme.ca/event/youth-group-gay-valentine-age-12-18/>

February 15

We invite you to the **Seniors' Community Lunch** at Wesley United Cambridge (6 Cambridge St) on the third Thursday of every month. Cost \$10. Please call the church office 519-621-6060 so we have an idea of how many lunches to prepare. Meet and Greet for Rainbow Seniors LBGTQ+(55yrs) in the Chapel, hosted by Rev. Roy Holton and Laura Wilson immediately following the lunch from 1:00 - 2:00 p.m.

Plan B Co-operative KW's monthly drop-in hours **Thursday, February 15, at 5:00 p.m. to 8:00 p.m.** at Treehaus (79 Joseph St, Kitchener). Third Thursday of each month Plan B holds a drop-in space for LGBTQ+ community members to meet and mingle, learn about our programming and events, and just hang out!

February 18

SPECTRUM Outing to the Symposium Cafe SPECTRUM has established a set of monthly Outings on the third Sunday afternoon from 2:00 to 4:00 p.m. to the Symposium Cafe Restaurant and Lounge, 4 King Street North, Waterloo. For more information see: <https://www.facebook.com/groups/SPECTRUMOutings/>

Trans Fams Event. 4:00 p.m., **February 18**. Are you interested in meeting other families with Trans and Gender Independent Kids? Want to join our family and others for some fun activities? Contact Holly for more info at hbmathers@gmail.com

February 20

Waterloo - Wellington - Perth PFLAG, Parents Family and Friends Peer-Support Group 7:00 to 9:00 p.m. on the third Tuesday of the month. **February 20.** Are you having difficulty coming to terms with the sexuality, gender identity or gender expression of someone close to you? Join us in a warm, welcoming and safe place for all family and friends of people of the LGBTQ community at Pre-School Room, Downtown Community Centre, 35-B Weber Street West, Kitchener. <https://www.facebook.com/PFLAG.WWP>

February 21

Queerly Christian 7:30 p.m. to 9:00 p.m. at the Erb Street Mennonite Church, 131 Erb Street West, Waterloo. This is a monthly group of people who identify as LGBTQ+ and Christian. We will gather for conversation and reflection on our experiences around how these different aspects of our identity intersect. Allies are welcome, but please recognize that this is intended as a space for LGBTQ+ Christians to share their lived experience. <https://pastorsinexile.org/2017/03/03/queerly-christian/>

February 22

Sexual Health Awareness Drop in 5-8 PM on the fourth Thursday of the month. **February 22.** Sponsored by ACCKWA at SPECTRUM, 283 Duke Street West, Unit 210.

SPECTRUM Reading Circle 6:30 to 8:00 p.m. on the fourth Thursday of the month. **February 22.** In our Reading Circle we read short stories and articles aloud on the spot; no prior reading is required. Then we reflect on what we have read. Join us for this exploration of LGBTQ literature and what it means to us personally at SPECTRUM.

February 24

OK2BME presents 80s Dance with Smile 'n' Wave. Join us at the Schwaben Club in Kitchener featuring New Wave cover band, Smile'n'Wave — all in support of KW Counselling Services. Tickets are \$12.50 each if you buy them online at this link: <https://www.eventbrite.ca/e/smilenwave-80s-dance-party-fundraiser-for-kw-counselling-tickets-41145355867> Tickets will be available at the door for \$15 each. This is an all ages event but you will need to show ID at the bar to purchase alcohol. <http://ok2bme.ca/event/80s-dance-party-smile-n-wave/>

February 27

Good Laughs. 7:00 p.m. until closing, last Tuesday of the month: **February 27.** A safe space for trans people to explore their identity in the community; open to allies as well at Symposium Café, Waterloo (corner of King and Erb) - back room. goodlaughs81@gmail.com <https://www.facebook.com/goodlaughs81/?fref=ts>

OK2BME Youth Group: Sex and Tech. Staff from ACCKWA will join us at KW Counselling Services to talk about healthy relationships, sex and the internet. This week's group is for ages 15-18. It is FREE but youth must register to attend. Click here to register. If you do not feel comfortable registering online you can e-mail us at OK2BME@kwcounselling.com or call Mandi Cowan at 519.884.0000 x280. <http://ok2bme.ca/event/youth-group-sex-tech-age-15-18/>

February 28

SPECTRUM Coming Out Group. Topic: 'Coming Out to Yourself.' A group for people aged 19+ to discuss coming out. The first half of each meeting will focus on the advertised topic; the last half will be an open discussion. We meet on the fourth Wednesdays of the month. If there is enough demand, we will see if we can add a second meeting each month: <http://ourspectrum.com/coming-out-group/>

A PROUD SUPPORTER OF OUR COMMUNITY



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