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# SPECTRUM

## Rainbow Community Calendar

The **Rainbow Community Calendar (RCC)** is a monthly publication serving the LGBTQ community of Waterloo Region. It is named in tribute to the **Pink Triangle Community Calendar** created in 1989 by community activist Lisa Simkins. The **RCC** is issued by the **Rainbow Community Calendar Collective**, an action group of **SPECTRUM-Waterloo Region's Rainbow Community Space**. Print copies are available at SPECTRUM, ACCKWA, libraries, community centres, government and social services agencies in Waterloo Region.

Online at: <http://ourspectrum.com/rainbow-community-calendar/>

**Please e-mail calendar editor Lyn McGinnis with corrections or new information by the 20th of each month to: [lynmc@rogers.com](mailto:lynmc@rogers.com) please put **RAINBOW CALENDAR** in the subject line.**

SPECTRUM's **Resource Centre and Drop-in Space** is in Unit 210 at 283 Duke Street West, Kitchener, N2H 3X7 (corner of Duke Street West and Breithaupt). Park on Breithaupt Street side of the building, near the loading dock. Go in the Duke Street entrance, up the stairs, through the door, down the hallway to Unit 210.

**Website:** <http://ourspectrum.com/> **NEW!** (with hours of opening and much more)

**Facebook:** <https://www.facebook.com/SpectrumCommunitySpace/>

**Twitter:** [@our\\_SPECTRUM](https://twitter.com/our_SPECTRUM) **E-mail:** [info@ourspectrum.com](mailto:info@ourspectrum.com) **Phone:** 226-779-9695

### December Events

#### Starting December 1

**day5games.** 7-11 PM **December 1, 8, 15, 22, 29** at SPECTRUM. Join us as we gather at our space to play board and card games, assemble jigsaw puzzles and fiddle with constructions in an informal atmosphere.

#### Starting December 2

**SPECTRUM Saturday Drop-In** 2-5 PM Saturdays, **December 2, 9, 16, 23, 30.** Come and hang out with us in a casual, relaxing atmosphere where you can just be yourself in an LGBTQ-friendly setting. We have refreshments. Everyone is welcome!

#### December 2

Rainbow Reels Queer and Trans Film Festival: **Holigay Market and Zine Fair Saturday, December 2, at 10:00 a.m. to 2:00 p.m.** at Fresh Ground (256 King St E, Kitchener). Don't you now your gay apparel, and join Rainbow Reels for our inaugural Holigay Market and Zine Fair. Browse gifts for yourself and others from a variety of the best LGBTQ2+ artists in the area - welcome to all gender identities and sexual orientations. Free admission - donations gladly accepted! Event page: <https://www.facebook.com/events/151001698966906>

#### December 2

**An Army of Lovers** Queer and Trans Dance Party. **Saturday December 2 at 10:00 p.m.** at The Jane Bond (5 Princess St W, Waterloo). An Army of Lovers is back with another of our infrequent queer and trans dance parties! This is a fundraiser for Plan B; they will have an erotic and sensual door prize raffle and other adult toys to be won through a silent auction. This is a small space so get here early. Cover is \$5-10 sliding scale; 19+.

Event page: <https://www.facebook.com/events/762251013966280>

**Raising your LGBTQ+ Child/Teen workshop. Saturday, December 2, 10:30 a.m. – 1:30 p.m.** KW Counselling Services, 480 Charles St E, Kitchener. Within a positive and open environment, parents will learn practical skills to encourage open communication and support. Parents will have the opportunity to connect with others, share resources and strategies, and learn from each other. Cost per person \$30.00 (Subsidies available) Register by calling 519-884-0000 ext. 217 OR via email at: [parenting@kwcounselling.com](mailto:parenting@kwcounselling.com)

#### Starting December 4

**Rainbow bereavement support group Monday, December 4 and 18** 1:30-3:30 PM. All LGBTQ caregivers, spouses, friends suffering loss. 298 Lawrence Ave. Kitchener. Call 519-743-4114 ext. 117. [barb@hospicewaterloo.ca](mailto:barb@hospicewaterloo.ca)

#### Starting December 5

**Queercraft – a Queer Crafting Group.** 6:00 to 8:00 p.m., Tuesdays: **December 5, 12, 19, 26.** Bring your portable craft to SPECTRUM!

**OK2BME Youth Group.** 6-7:30 PM Alternate Tuesdays– **December 5 and 19** More information: <http://ok2bme.ca/>

#### Starting December 6

**SPECTRUM Prime.** 7-9 PM, first and third Wednesdays of the month – **December 6 and 20** at SPECTRUM. We see things differently as we age. Priorities shift. Social circles change. How

can we deal with these challenges? As maturing members of the LGBTQ community, we gather together to create a welcoming environment where we can reduce isolation and expand our network of friends. Please join us for a casual discussion and social group for maturing adults. <http://ourspectrum.com/older-adults-group/>

#### Starting December 7

**SPECTRUM Transgender Peer Support Group.** 7-9 PM on the first and third Thursday of the month. **December 7 and 21.** New day - new time - new facilitators. A safe and normalizing environment for anyone identifying in the trans/gender variant umbrella at SPECTRUM.

#### Starting December 8

**KW El-Tawhid Circle,** a progressive Muslim social and prayer group which is gender equal and LGBTQ affirmative. Every second Friday afternoon from 2:00 – 4:30 p.m. **December 8 and 22.** More information: Fran at [franps@golden.net](mailto:franps@golden.net).

#### December 14

**Rainbow Newcomers Thursday, December 14** 7:00 to 9:00 p.m. at SPECTRUM. A place for LGBTQ-identified immigrants and refugees to socialize with each other and with LGBTQ people who have been in town for a while, and discuss issues related to being a newcomer to Canada. [RainbowNewcomers@gmail.com](mailto:RainbowNewcomers@gmail.com)

#### December 16

**Plan B Co-operative KW open community meeting Saturday, December 16, from 2:00 p.m. to 6:00 p.m.** at Treehaus (79 Joseph St, Kitchener). We would like to gather ourselves and the community at large to check in, figure out needs, and implement directions before the new year. All LGBTQ+ folks are welcome to attend this drop-in style meeting from 2pm to 6pm. Snacks and bus tickets available; childcare available upon request. Email [info@planbcoopkw.com](mailto:info@planbcoopkw.com) for more information.

#### December 19

**Waterloo - Wellington - Perth PFLAG, Parents Family and Friends Peer-Support Group** 7:00 to 9:00 p.m. on the third Tuesday of the month. **December 19.** Are you having difficulty coming to terms with the sexuality, gender identity or gender expression of someone close to you? Join us in a warm, welcoming and safe place for all family and friends of people of the LGBTQ community at Pre-School Room, Downtown Community Centre, 35-B Weber Street West, Kitchener. <https://www.facebook.com/PFLAG.WWP>

#### December 20

**Queerly Christian** 7:30 p.m. to 9:00 p.m. at the Erb Street Mennonite Church, 131 Erb Street West, Waterloo. This is a monthly group of people who identify as LGBTQ+ and Christian. We will gather for conversation and reflection on our experiences around how these different aspects of our identity intersect. Allies are welcome, but please recognize that this is intended as a space for LGBTQ+ Christians to share their lived experience. <https://pastorsinexile.org/2017/03/03/queerly-christian/>

#### December 21

We invite you to the **Seniors' Community Lunch** at Wesley United Cambridge (6 Cambridge St) on the third Thursday of every month. Cost \$10. Please call the church office 519-621-6060 so we have an idea of how many lunches to prepare. Meet and Greet for Rainbow Seniors LGBTQ+(55yrs) in the Chapel, hosted by Rev. Roy Holton and Laura Wilson immediately following the lunch from 1:00 - 2:00 p.m.

**Plan B Co-operative KW's monthly drop-in hours Thursday, December 21, at 5:00 p.m. to 8:00 p.m.** at Treehaus (79 Joseph St, Kitchener). Third

Thursday of each month Plan B holds a drop-in space for LGBTQ+ community members to meet and mingle, learn about our programming and events, and just hang out!

#### December 25

**A Seasonal Community Celebration.** We welcome you to join us at SPECTRUM on December 25 as we open our doors from noon to 10:00 p.m. for a celebration in which we honour the importance of chosen family. We believe that everyone should have the choice of spending time in a friendly and welcoming environment on a day when all too many folks feel isolated and in need of company. We will have music, good company and plenty of food. If you wish to bring some food yourself, please do so. Directions: <http://ourspectrum.com/contact-2/> - indicating parking on the Breithaupt side in the loading dock area. We regret that our space has to be reached using stairs. <https://www.facebook.com/events/2012172792347889/>

#### December 26

**Good Laughs.** 7:00 p.m. until closing, last Tuesday of the month: **December 26.** A safe space for trans people to explore their identity in the community; open to allies as well at Symposium Café, Waterloo (corner of King and Erb) - back room. [goodlaughs81@gmail.com](mailto:goodlaughs81@gmail.com) <https://www.facebook.com/goodlaughs81/?fref=ts>

#### December 27

**Rainbow Connections – Kitchener meeting December 27** 7:00 to 9:00 p.m. LGBTQ and Mental Health Group Main Floor, Self Help Alliance, 67 King St E. Kitchener. Call 519- 570-4595 to speak with either Jasmina, ext. 4052, or Brenda, ext. 4061 to verify meeting date and time, or for more information: <http://cmhawwselfhelp.ca/events/>