# Condo-Style Rental Apartments



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> **1 & 2 BEDROOM SUITES** FROM 851 SQ. FT. - 1,419 SQ. FT.

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# Rainbow Community Calendar

The Rainbow Communty Calendar (RCC) is a monthly publication serving the LGBTQ community of Waterloo Region. It is named in tribute to the *Pink Triangle* Community Calendar created in 1989 by community activist Lisa Simkins. The RCC is issued by the Rainbow Community Calendar Collective, an action group of SPECTRUM-Waterloo Region's Rainbow Community Space. Print copies are available at SPECTRUM, ACCKWA, libraries, community centres, government and social services agencies in Waterloo Region.

Online at: <a href="http://ourspectrum.com/rainbow-community-calendar/">http://ourspectrum.com/rainbow-community-calendar/</a> Please e-mail calendar editor Lyn McGinnis with corrections or new information by the 20th of each month to: <a href="mailto:lynmc@rogers.com">lynmc@rogers.com</a>

please put **RAINBOW CALENDAR** in the subject line.

SPECTRUM'S Resource Centre and Drop-in Space is in Unit 210 at 283 Duke Street West, Kitchener, N2H 3X7 (corner of Duke Street West and Breithaupt). Park on Breithaupt Street side of the building, near the loading dock. Go in the Duke Street entrance, up the stairs, through the door, down the hallway to Unit 210.

Website: http://ourspectrum.com/ NEW! (with hours of opening and much more) Facebook: https://www.facebook.com/SpectrumCommunitySpace/

Twitter: @our SPECTRUM E-mail: info@ourspectrum.com Phone: 226-779-9695

## **November Events**

#### **Starting November 1**

SPECTRUM Prime. 7-9 PM, first and third Wednesdays of the month -November 1 and 15 at SPECTRUM. We see things differently as we age. Priorities shift. Social circles change. How can we deal with these challenges? As maturing members of the LGBTO community, we gather together to create a welcoming environment where we can reduce isolation and expand our network of friends. Please join us for a casual discussion and social group for maturing adults. http://ourspectrum. com/older-adults-group/

## **Starting November 2**

SPECTRUM Transgender Peer Support Group. 7-9 PM on the first and third Thursday of the month. November 2 and 16. New day - new time - new facilitators. A safe and normalizing environment for anyone identifying in the trans/gender variant umbrella at SPECTRUM.

#### Starting November 3

day5games. 7-11 PM November 3, 10, 17. 24 at SPECTRUM. Join us as we gather at our space to play board and card games, assemble jigsaw puzzles and fiddle with constructions in an informal atmosphere.

#### Starting November 4

SPECTRUM Saturday Drop-In 2-5 PM Saturdays, *November 4, 11, 18, 25*. Come and hang out with us in a casual, relaxing atmosphere where you can just be yourself in an LGBTQ-friendly setting. We have refreshments. Everyone is welcome!

#### Starting November 6

Rainbow bereavement support group Monday, November 6 and 20 1:30-3:30 PM. All LGBTQ caregivers, spouses, friendssufferingloss.298LawrenceAve. Kitchener. Call 519-743-4114 ext. 117. barb@hospicewaterloo.ca

#### Starting November 7

Queercraft - a Queer Crafting Group. 6:00 to 8:00 p.m., Tuesdays: November 7, 14, 21, 28. Bring your portable craft to SPECTRUM!

OK2BME Youth Group. 6-7:30 PM Alternate Tuesdays- November 7 and 21 More information: http://ok2bme.ca/

#### Starting November 9

Rainbow Newcomers Thursday, November 9 and Wednesday. November 22 7-9 PM at SPECTRUM. A place for LGBTQ-identified immigrants and refugees to socialize with each other and with LGBTO people who have been in town for a while, and discuss issues related to being a newcomer to Canada. RainbowNewcomers@gmail.com

#### Starting November 10

KW El-Tawhid Circle, a progressive Muslim social and prayer group which is gender equal and LGBTQ affirmative. Every second Friday afternoon from 2:00 - 4:30 p.m. November 10 and 24. More information: Fran at franps@ golden.net.

#### Starting November 12

SPECTRUM will be running three write-ins for National Novel Writing Month in November. They will be Sunday, November 12, 19 and 26 from 2:00 p.m. until 6:00 p.m. at SPECTRUM. For more information see NaNoWriMo at: nanowrimo.org

#### November 15

Queerly Christian 7:30 p.m. to 9:00 p.m. at the Erb Street Mennonite Church, 131 Erb Street West, Waterloo. This is a monthly group of people who identify as LGBTO+ and Christian. We will gather for conversation and reflection on our experiences around how these different aspects of our identity intersect. Allies are welcome, but please recognize that this is intended as a space for LGBTQ+ Christians to share their lived experience.

https://pastorsinexile.org/2017/03/03/ queerly-christian/

#### November 19

SPECTRUM Outing to the Symposium Café Restaurant. Join us a 2:00 p.m. for good company and Sunday afternoon refreshments at the Symposium Café Restaurant, 4 King St N, Waterloo. Everyone is welcome. Meet us in the back room. https://www.facebook.com/events/181708785719592/

#### November 21

Waterloo - Wellington - Perth PFLAG, Parents Family and Friends Peer-**Support Group** 7-9 PM on the third Tuesday of the month. November 21. Are you having difficulty coming to terms with the sexuality, gender identity or gender expression of someone close to you? Join us in a warm, welcoming and safe place for all family and friends of people of the LGBTQ community at Pre-School Room, Downtown Community Centre, 35-B Weber Street West, Kitchener. https://www.facebook.com/PFLAG.WWP

#### November 22

ORG SPECTRUM'S Outdoor Recreation Group Join us just outside of Thrift on Kent (50 Kent Ave, Kitchener) at 6:00 p.m. for a light hike on a nearby trail. The thrift store closes at 6:00 p.m., so come early if you want to shop! I will be there rain or shine (or snow). If you have ideas or input around what ORG does, I would love to hear it! All are welcome. Feel free to email with further questions. Brandon: <u>brandonspunar@gmail.com</u>

#### November 22

Rainbow Connections - Kitchener meeting November 22 7:00 to 9:00 p.m. LGBTQ and Mental Health Group Main Floor, Self Help Alliance, 67 King St E. Kitchener. Call 519- 570-4595 to speak with either Jasmina, ext. 4052, or Brenda, ext. 4061 to verify meeting date and time, or for more information: http://cmhawwselfhelp. ca/events/

#### November 23

Sexual Health Awareness Drop in 5-8 PM on the fourth Thursday of the month. November 23. Sponsored by ACCKWA at SPECTRUM, 283 Duke Street West, Unit 210.

#### November 23

SPECTRUM Reading Circle 6:30 to 8:00 p.m. on the fourth Thursday of the month. November 23. In our Reading Circle we read short stories and articles aloud on the spot; no prior reading is required. Then we reflect on what we have read. Join us for this exploration of LGBTO literature and what it means to us personally at SPECTRUM.

#### November 26

*Trans Fams Event.* 4:00 November 26. Are you interested in meeting other families with Trans and Gender Independent Kids? Want to join our family and others for some

activies? Contact Holly for more info at: hbmathers@ gmail.com

# A Place to Call Safe

A conversation about Safer Space for the LGBTQ2+ Community in Waterloo Region



Wednesday November 22, 2017

6:30-8:45 pm

Kitchener Public Library - Room E 85 Queen Street North

### 6:30 pm Presentation

Outlook Study researchers will share data and results from the survey related to hate crimes, violence, victimization and feelings of safety experienced by Waterloo Region's LGBTQ2+ community members.



Presenter: Elin Moorlag-Silk

Where do you feel most safe to be vourself in Waterloo Region?

What is it about this space that makes you feel safe?

# 7:30 pm Tell a Story.

# Make some Art.

To further the work that began with Breaking the Silence on Hidden Violence and the Outlook study, we want to hear from vou.



Take a photo of a safe place



Create a collage



#### November 28

Good Laughs. 7:00 p.m. until closing, last Tuesday of the month: November 28. A safe space for trans people to explore their identity in the community; open to allies as well at Symposium Café, Waterloo (corner of King and Erb) - back room. goodlaughs81@ gmail.com https://www. facebook. com/goodlaughs81/?fref=ts