



## Rainbow Community Calendar

The **Rainbow Community Calendar (RCC)** is a monthly publication serving the LGBTQ community of Waterloo Region. It is named in tribute to the **Pink Triangle Community Calendar** created in 1989 by community activist Lisa Simkins. The **RCC** is issued by the **Rainbow Community Calendar Collective**, an action group of **SPECTRUM-Waterloo Region's Rainbow Community Space**. Print copies are available at SPECTRUM, ACCKWA, and various bars, clubs, cafés et cetera in Waterloo Region.

Online at: <http://www.grandriver-rainbowhistory.ca/RainbowCommunityCalendar.html>  
Send events to: [info@ourspectrum.com](mailto:info@ourspectrum.com) by the 20th of each month.

SPECTRUM'S **Resource Centre and Drop-in Space** is in Unit 210 at 283 Duke Street West, Kitchener, N2H 3X7 (corner of Duke Street West and Breithaupt). Park on Breithaupt Street side of the building, near the loading dock. Go in the Duke Street entrance, up the stairs, through the door, down the hallway to Unit 210.

**Website:** <http://ourspectrum.com/> **NEW!** (with hours of opening and much more)

**Facebook:** <http://www.facebook.com/SpectrumCommunitySpace>

**Twitter:** [@our\\_SPECTRUM](https://twitter.com/our_SPECTRUM) **E-mail:** [info@ourspectrum.com](mailto:info@ourspectrum.com) **Phone:** 226-779-9695

### September Events

#### Starting September 1

**Trans Peer Support Group.** 7-9 PM on the first and third Thursday of the month. **September 1** and **15**. New day - new time - new facilitators. A safe and normalizing environment for anyone identifying in the trans/gender variant umbrella at SPECTRUM.

More information:

[trans@ourspectrum.com](mailto:trans@ourspectrum.com)

**Rainbow Connections** - **Kitchener meetings**, 7-9 PM first and third Thursdays of the month: **September 1, 15**. LGBTQ and Mental Health Group Main Floor, Self Help Alliance, 67 King St E. Kitchener. If you will be late, please contact us in advance so we know when to let you in. Also note that there is now a 15 minutes time-period that we can let you in, otherwise it becomes disruptive to group. We will be in the downstairs room, so ring the downstairs doorbell to be let in. Call 519-570-4595 to speak with either Jasmina, ext. 4052, or Brenda, ext. 4061 to verify meeting date and time, or for more information

#### Starting September 2

**day5games.** 7-11 PM **September 2, 9, 16, 23** and **30** at SPECTRUM. Join us as we gather at our space to play board and card games, assemble jigsaw puzzles and fiddle with constructions in an informal atmosphere.

#### Starting September 3

**SPECTRUM Saturday Symposium** 2-5 PM Saturdays, **September 3, 10, 17** and **24**. We meet Saturday afternoons to discuss a topic of interest to our community. Ideas for topics will usually come from participants and be posted here ahead of time. Our inaugural meeting was held Saturday, June 18, 2016 at 2 PM. The group dynamic is expected to change weekly as each topic will likely attract a different crowd, though one is not expected to be of a particular bent to attend. All are welcome every Saturday. Attendees are free to participate or not in the discussion according to their own temperament. You need not be an expert on anything to contribute as we are all here to learn from each other. We emphasize speaking about your own experiences. Come with an open mind. The group is mildly moderated at SPECTRUM.

#### Starting September 4

**ORG-SPECTRUM's Outdoor Recreation Group.** Sundays. Events alternate between Lite and Regular:

**September 4** - "Lite", 2-4 PM. Canoeing the Grand, meet at the foot of the King Street Bridge just south of Freeport, 3734 King St E, Kitchener, ON N2P 2G5. GRT 52, which runs between Fairview Park Mall, and the Ainslie Street Terminal in both directions, will drop you there. A shuttle will transport you to Otterbeirne where you will descend into your canoe, then you will paddle or float back downstream to Freeport. \$30/canoeist will reserve your PFD and canoe, the latter shared with two others. Please bring payment with you.

**September 11** - 'Regular', **Cambridge Fall Fair**, 1 - 5 PM, Dickson Park, Galt, Meet at Monigram coffee Roasters, across from the Ainslie bus terminal, free.

**September 18** - 'Irregular', Kitchener's Terry Fox Run, Sportsworld Crossing, registration 8:45 AM, run 10 PM, 5k or 10k. We will meet at the Tim Horton's near King at 8:30 AM.

**September 25** - 'Regular' 1-5 PM **Snyder's Flats 2**. Meet at City Café Bakery, Lancaster at Bridgeport, Kitchener, free.

#### Starting September 6

**Queercraft - a Queer Crafting Group.** 6-8 PM, Tuesdays: **September 6, 13, 20**. Bring your portable craft to SPECTRUM!

#### Starting September 7

**OlderAdultsGroup.** 7-9PM, first and third Wednesdays of the month - **September 7** and **21** at SPECTRUM. We see things differently as we age. Priorities shift. Social circles change. Join us in a **new** discussion and social group for older LGBTQ adults. And if you are concerned about whether the group is a fit for you, then try it out to see. Lately, we have been sharing stories about our lives. We will also continue to think about what kinds of discussions and activities we might like to have in future. We hope that this will be a step in the direction of creating a community support for us as we age.

#### Starting September 8

**OutFest** **September 8, 9, 10** 2-7:30 PM. OutFest is an annual festival that celebrates our diverse LGBTQ community through theatre, film, live music, slam poetry, dance performances and various other mediums. While working alongside professional and amateur artists we strive to showcase the growing artistic community in the Waterloo-Wellington region and in South Western Ontario. Our festival highlights universal stories that will make you laugh, cry and remind us all, how human we are. More info: <http://page1.productions/outfest>

**Rainbow Newcomers** Thursday, **Sept 8** and Wednesday **Sept 28** at SPECTRUM. A place for LGBTQ-identified immigrants and refugees to socialize with each other and with LGBTQ people who have been in town for a while, and discuss issues related to being a newcomer to Canada. More information: [RainbowNewcomers@gmail.com](mailto:RainbowNewcomers@gmail.com)

**Starting September 11**

**Friends of Dorothy Bowling League Event.** 1:15pm practice; 1:30 - 4pm bowling, Sundays: **September 11, 18, 25.** at Brunswick Frederick Lanes, 385 Frederick Plaza, Kitchener.

**Starting September 13**

**OK2BME Youth Group.** 6-7:30 PM Alternate Tuesdays- **September 13** and **September 27** More information: <http://ok2bme.ca/>

**Starting September 14**

**Transgender Peer Support Group.** (new) 7-9 PM on the second and fourth Wednesday of the month. **September 14** and **28.** For individuals who identify as transgender and questioning. Self Help Alliance, 67 King Street East, Kitchener. Call 519-570-4595 to speak with either Jasmina, ext. 4052, or Brenda, ext. 4061 to verify meeting date and time, or for more information.

**September 18**

**Trans Fams Event.** 1-4pm, **September 18** (Sunday). Are you interested in meeting other families with Trans and Gender Independent Kids? Want to join our family and others for some fun activities? Contact Holly for more info at: [hbmathers@gmail.com](mailto:hbmathers@gmail.com)

**September 20**

**Waterloo - Wellington - Perth PFLAG, Parents Family and Friends Peer-Support Group** 7-9 PM on the third Tuesday of the month. **September 20.** Are you having difficulty coming to terms with the sexuality, gender identity or gender expression of someone close to you? Join us in a warm, welcoming and safe place for all family and friends of people of the LGBTQ community at Pre-School Room, Downtown Community Centre, 35-B Weber Street West, Kitchener. More Information: <https://www.facebook.com/PFLAG.WWP>

**September 22**

**Sexual Health Awareness Drop in** 5-8 PM on the fourth Thursday of the month. **September 22.** Sponsored by ACCKWA at SPECTRUM, 283 Duke Street West, Unit 210.

**Take Back the Night** 5:30-9 PM starting at Kitchener City Hall. **September 22.** A call to end gender-based violence. Everyone is welcome to participate in the rally and march!

**SPECTRUM Reading Circle** 6:30-8 PM on the fourth Thursday of the month. **September 22.** In our Reading Circle we read short stories and articles aloud on the spot; no prior reading is required. Then we reflect on what we have read. We often spend longer discussing the literature than we do reading it. Participants are encouraged to bring readings. Join us for this exploration of LGBTQ literature and what it means to us personally at SPECTRUM.

**September 27**

**SPECTRUM Annual General Meeting** 7 PM on Tuesday **September 27.** Join us to learn more about SPECTRUM's operations and how you can give back to the community. Multi-purpose Room, second floor, Downtown Community Centre, 35-B Weber Street West, Kitchener.

More info: [info@ourspectrum.com](mailto:info@ourspectrum.com)  
<http://ourspectrum.com>

**Good Laughs.** 7 PM until closing, last Tuesday evening of the month: **September 27.** A safe space for trans people to explore their identity in the community; open to allies as well at Symposium Café, Waterloo (corner of King and Erb) - back room. More information: [goodlaughs81@gmail.com](mailto:goodlaughs81@gmail.com)

**September 28**

**Waterloo Region Rainbow Coalition community conversation/volunteer fair** 6:30-8:30 PM at the Princess Twin Cinemas, located at 6 Princess St W. in Waterloo. Learn more about WRRCs work over the past year. Network, learn more, get involved with the work of the Rainbow Community Council and participate in the OutLook Study. Tickets available at [Everbright site](http://Everbright site).

**September 30**

**We Still Demand! Protest against the MSM Blood Ban.** 3-5 PM Parliament Hill, Ottawa, **September 30.** UWs Glow Centre for Sexual and Gender Diversity invites you to join a protest the discriminatory blood donation screening process employed by Canadian Blood Services and approved by Health Canada. For details see our Facebook page.



## October Events

**Pride Prom 2016 - A Night at the Carnival.** 7 PM on Saturday, **October 15.** Join us for the Ninth Annual Pride Prom for high school students aged 14-18 who are part of the LGBTQ+ community and their allies. Tickets are free and must be reserved in advance by e-mailing [youth@kitchener.ca](mailto:youth@kitchener.ca). Please include your first name, last name and age of people you are reserving tickets for.

## **Secrett Mystery Bus Tour**

8 AM - 9 PM Saturday, **October 15.** This tour has had two successful journeys with passengers asking for more! Departure location and exact time will be determined soon. Approximate travel time is two hours to the destination; we will take a short break. Cost \$35. Ideas of what to bring: Water bottle, snacks, spending money, comfortable shoes, camera, umbrella, I.D.