Kitchen- Let's Bake! 6-7:30pm.

Coming Out Older Discussion Group. 7 – 8:30pm. SPECTRUM, 42 Erb St E, Waterloo. Information & guidelines: http://ourspectrum.com/Seniors/ComingOutOlder.html

#### 2014. November 26 (Wednesday)

Wednesday Night Discussion Group Meeting. 7:15-8:30pm. For topic and location see: http://wndg.ca/

#### 2014, November 27 (Thursday)

"Our Agenda" - Fostering skills and capacity working with a spectrum of Gay & Bisexual Men in Ontario. Professional development opportunity for Health, Mental Health, and Social Service Providers. Sponsored by ACCKWA and the Gay Men's Sexual Health Alliance. 1-5pm at SPECTRUM. Register at:

http://www.eventbrite.ca/e/ouragenda-tickets-13931715135

AIDS Awareness Drop-In. 5-8pm, SPECTRUM, 42 Erb St E, Waterloo. With Colin Boucher of ACCKWA.

Lazy Queer Reading Circle. 6:30-8pm, SPECTRUM. Come join us as we read short stories/articles followed by a discussion. No prior preparation is required. All welcome.

**SOLA Cambridge Mix and Mingle**.

7pm - 11pm at Sizzle.

#### 2014, November 29 (Saturday)

*Trans\* and Allies Potluck*. 1-3pm at SPECTRUM, 42 Erb St E. All Ages!

Come enjoy great food and great company in a safe and welcoming environment! Bring a dish to share. Please list ingredients and bring serving utensils.

**DJ Dallas Dance Party.** 9pm-2am at Sizzle.

#### 2014, November 30 (Sunday)

**Friends of Dorothy Bowling League Event.** 1:15pm practice; 1:30-4pm bowling, Brunswick Frederick Lanes.

#### **Beyond**

#### 2014, December 1 (Monday)

World AIDS Day Vigil. 7pm @ACCKWA, 639 King St W, Kitchener. Buzz 'ACCKWA' at side door. You are invited to join us at the ACCKWA office to share memories and stories. Refreshments and Human Library following the vigil. http://www.acckwa.com/

#### **Guelph/Wellington Events:**

Qlinks.ca at: <a href="http://www.qlinks.ca/">http://www.qlinks.ca/</a>

# The Rainbow Pages Waterloo-Wellington

a directory of resources of interest to the local LGBTQ communities

Available as an electronic/printable 20-page booklet at:

http://ourspectrum.com/TheRainbowPages.html

2014 November

Volume 3, Number 2

## FREE

# **SPECTRUM**

### **Rainbow Community Calendar**

The *Rainbow Community Calendar (RCC)* is a monthly publication serving the LGBTQ community of Waterloo Region. It is named in tribute to the *Pink Triangle Community Calendar* created in 1989 by community activist Lisa Simkins. The *RCC* is issued by the *Rainbow Community Calendar Collective*, an action group of SPECTRUM—Waterloo Region's Rainbow Community Space. Print copies available at SPECTRUM (42 Erb St E, Waterloo), ACCKWA, and various bars, clubs, cafes, etc. in Waterloo Region. Online at <a href="http://ourspectrum.com/Comm/CommunityEvents.html">http://ourspectrum.com/Comm/CommunityEvents.html</a>

Send events to info@ourspectrum.com by the 20th of each month.

This Just In: In October, SPECTRUM published the 1st edition of a resource directory called *The Rainbow Pages—Waterloo-Wellington*. It is an electronic/printable 20-page booklet that lists resources of interest to the LGBTQ communities in Waterloo-Wellington; see p.4 of this Calendar for more information. November 20 marks the first meeting of *Rainbow Open Recovery*—a facilitated space to find addiction support to all in the rainbow community; this program is jointly sponsored by the House of Friendship & SPECTRUM.

SPECTRUM is at 42 Erb St E, Waterloo. Website: http://ourspectrum.com/

 ${\bf Facebook:} \ \underline{http://www.facebook.com/SpectrumCommunitySpace}$ 

Twitter: @spectrumwat Email: <a href="mailto:info@ourspectrum.com">info@ourspectrum.com</a>
<a href="mailto:Drop-in">Drop-in Hours: See website at <a href="mailto:http://ourspectrum.com/">http://ourspectrum.com/</a>

#### 2014, November 1 (Saturday)

**DJ Dallas Ghosts of Legends Past.** 9pm at Sizzle, 135 George St N, Cambridge.

#### 2014, November 2 (Sunday)

Friends of Dorothy Bowling League Event. 1:15pm practice; 1:30-4pm bowling, Brunswick Frederick Lanes, 385 Frederick Plaza, Kitchener.

#### 2014, November 3 (Monday)

Torchlight Gender Support Meeting in

**Cambridge.** 7-9pm. For location use email contact. First Monday each month, New people contact <a href="mailto:grsmedia@hotmail.com">grsmedia@hotmail.com</a>

#### 2014, November 5 (Wednesday)

"Your Child, Our Future": LGBTQ Information Night for Students and Parents. 6:30-8:30pm, Cameron Heights Collegiate Institute, 301 Charles St. E. Kitchener. There will be a panel of speakers and break-out sessions on: mental health, sexual health, gender identity/expression, and coming out. Open to

everyone.

*Trans\* Peer Support Group.* 7– 8:30pm. SPECTRUM, 42 Erb St E, Waterloo. For anyone who identifies within the trans/gender variant umbrella.

Wednesday Night Discussion Group Meeting—Unscripted. 7:15-8:30pm. Room 353, Environment 1 Bldg, UW.

#### 2014, November 6 (Thursday)

Rainbow Connections: Topic - Open

**Topic.** 7–8:30pm. Main floor, Self Help Alliance, 67 King St E. Kitchener. Please wait at the doors on Frederick Street and someone will let you in the building for group. If you will be late, please contact us in advance so we know when to let you in. Also note that there is a 15 minute time-period that we can let you in, otherwise it becomes disruptive to group. We will be in the downstairs room, so ring the downstairs doorbell to be let in.

#### 2014, November 7 (Friday)

*gaymday.* 7-11:55pm, SPECTRUM, 42 Erb St E, Waterloo. Join us to play board games, and solve puzzles.

*Karaoke with Rui.* 8pm-11:59pm at Sizzle, 135 George St N, Cambridge.

#### 2014, November 8 (Saturday)

*Tri-City Bear Meat.* 8pm-2am at Sizzle. The 2nd Saturday of every month.

#### 2014, November 9 (Sunday)

Friends of Dorothy Bowling League

**Event.** 1:15pm practice; 1:30-4pm bowling, Brunswick Frederick Lanes, 385 Frederick Plaza, Kitchener..

#### 2014, November 11 (Tuesday)

**OK2BME Youth Group - Body image** and the LGBT Community. 6-7:30pm.

Coming Out Older Discussion Group. 7 – 8:30pm. SPECTRUM, 42 Erb St E, Waterloo. Information & guidelines: http://ourspectrum.com/Seniors/ComingOutOlder.html

#### 2014, November 12 (Wednesday)

Wednesday Night Discussion Group Meeting—Topic: How Do I Meet People? 7:15-8:30pm. Room 353, Environment 1 Building, UW.

#### 2014, November 13 (Thursday)

*Transgender Social Night.* 7-11pm at Sizzle, 135 George St N, Cambridge.

#### 2014, November 14 (Friday)

Waterloo Region Crime Prevention Council - Breaking the Silence on Hidden Violence. 8:30am to noon. Family Centre, 65 Hanson Ave (near Ardelt), Kitchener. Please consider attending this meeting to carry your concerns to the Crime Prevention Council. There will be a panel of people speaking on violence and harassment against various populations within the LGBTQ community, such as youth, transfolk, seniors and refugees; after that there will be breakout sessions where people can discuss matters. The public is welcome: register at http://www.facebook.com/ events/1483538281907788/

#### 2014, November 16 (Sunday)

**Friends of Dorothy Bowling League Event.** 1:15pm practice; 1:30-4pm bowling, Brunswick Frederick Lanes.

#### 2014, November 17 (Monday)

Torchlight Gender Support Meeting in Waterloo. 7-9pm. For location use email contact. Third Monday each month. New people contact <a href="mailto:grsmedia@hotmail.com">grsmedia@hotmail.com</a>

#### 2014, Nov. 17 (Mon.) - Nov.21 (Fri.)

**Trans Awareness Week at UW.** Sponsored by Glow. For details of events, see: <a href="http://www.facebook.com/glowuw">http://www.facebook.com/glowuw</a>

#### 2014, November 18 (Tuesday)

Waterloo-Wellington-Perth PFLAG Parents, Family & Friends Peer-Support Group. 7-9pm, SPECTRUM, 42 Erb St E, Waterloo. All welcome.

#### 2014, November 19 (Wednesday)

Wednesday Night Discussion Group Meeting—Community Dialogue. 7:15-8:30pm. ACCKWA, 639 King Street West, Kitchener.

#### 2014, November 20 (Thursday)

Rainbow Open Recovery. 6-8pm @ SPECTRUM, 42 Erb St E, Waterloo. 1st & 3rd Thursdays of the month. A facilitated space to find addiction support to all in the rainbow community. Sponsored by House of Friendship and SPECTRUM. Refreshments. Transportation and child-care subsidies avail-

able. See http://www.houseoffriendship.org/

Rainbow Connections: Topic - Mental Health and the Workplace. 7–8:30pm. Main floor, Self Help Alliance, 67 King St E. Kitchener. See entry for November 6 meeting for more details.

#### 2014, November 21 (Friday)

*gaymday.* 7-11:55pm, SPECTRUM, 42 Erb St E, Waterloo. Join us to play board games, and solve puzzles.

Dance Dance Party Party November Edition. 7pm, The Button Factory (Waterloo Community Arts Centre), 25 Regina Street South, Waterloo. All women\* and children are invited to join us for an hour of dancing, partying, laughing, grooving, and playing to all your favourite music! \*Anyone identifying as female is welcome to attend. Admission: \$5 for adult; children free.

#### 2014, November 22 (Saturday)

**Werewolf in KW**. Starts 6pm. Location to be announced. Details: <a href="http://www.facebook.com/events/862769403753291/">http://www.facebook.com/events/862769403753291/</a>
An LGBT-friendly gaming event.

Sarah Smith and DJ Dallas. 8pm at Sizzle. Advance tickets \$10; door: \$15.

#### 2014, November 23 (Sunday)

**Friends of Dorothy Bowling League Event.** 1:15pm practice; 1:30-4pm bowling, Brunswick Frederick Lanes.

#### 2014, November 25 (Tuesday)

**OK2BME Youth Group- OUT in the**